Nautical Notes

Dear Members and Friends of the Peterborough Power and Sail Squadron,

It is with great joy that I see the signs of summer and boating weather on the horizon. I am sure that many of you are already out on the water, enjoying all that Peterborough and the Kawarthas have to offer. Please continue to take precautions while boating in and around cold water, as there is still a risk of hypothermia for boaters who accidentally swamp their vessels.

During the winter months, Peterborough Squadron was hard at work. We had a full class for our online course, Basic Navigation and Boat Handling. We received very positive feedback from our students, who met weekly using a Go to Meeting platform, and we look forward to offering this course again next year. Our Squadron Educational Officer and his team of instructors and mentors did an outstanding job! We are also offering an online version of the Maritime Radio course that allows you to legally operate a radio on board your vessel. Those who enrol will receive the ROC (M) licence issued by Transport Canada.

The most exciting news of the season is that we have rebranded our organization and are rolling out a new logo. Although our legal name will not change, we are now known as CanBoat / NautiSavoir. As we launch the new face of the organization, this is a perfect time to let your boating friends and family members know about the benefits of membership, and the courses that are being offered to increase your knowledge of navigation, understand the rules of the waterway, and have a safe and enjoyable boating experience. We are also in the process of relaunching our courses – there is new, updated content and training in the use of electronic navigation software, in addition to traditional paper charting techniques. Please check out our national website, and Peterborough's

See What's Inside...

Welcome to CanBoat / NautiSavoir, our new logo and name!

Peterborough Squadron AGM happened on April 27...

Paris Marine in Lakefield helps women to be better boaters with their Women Making Waves program...

Hit boating lifestyle TV show names Peterborough and The Kawarthas as destination of the year...

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social media sites for more information. The Kawartha Cottage Magazine, and the Kawartha Visitor's Guide also contain articles on CanBoat / NautiSavoir, so pick up a copy and read more on these topics.

Finally, we are once again partnering with Paris Marine, who is offering two sessions of the very popular program "Women Making Waves," designed to teach female boaters the basics of trailering, docking, and handling small power boats. Peterborough Squadron will deliver the basics of the safety equipment required to legally operate a vessel.

Remember to wear your personal flotation devices (aka life preservers) and enjoy all your summer boating adventures!

Martha Scott Peterborough Squadron Commander



After more than 85 years of providing education to over 800,000 recreational boaters, the Canadian Power and Sail Squadrons, CPS-ECP, has launched a new logo and name – CanBoat/NautiSavoir! The new logo features our Canadian flag and a blue wave, symbolic of boating adventures on both freshwaters and oceans. The new name is shorter and identifiable to those interested in becoming part of our nation-wide boating family. Our rebranding journey responds to the needs of boaters of all ages and vessel types and continues our tradition of being the first choice for boating education in Canada.

"After months of market research, it was clear we needed to modernize our focus. We are very respectful of our past journey which has given us the impetus to improve the direction of our future." Lise Blais, Chief Commander.

During the roll out, CanBoat / NautiSavoir will be noticeably visible on our website, in our print publications, electronic media, trade shows and social media. The name will also dove-tail nicely with recent state of the art technical upgrades to our numerous boating courses.

"The objective of the new brand was to refresh our name and visual identity. We also felt the need to successfully appeal to younger boaters to take our courses, become members and volunteer." Bruce Kelley, National Marketing Chair.

"CanBoat / NautiSavoir will resonate with a clear illustration of who we are and what we offer. Belonging to this organization speaks to Canada, Boating and YOUR ability to boat – Yes you CanBoat!" Vanessa Schmidt, National Marketing and Graphics Manager.

Since 1938, generations of volunteer instructors, with years of real-world experience on the water, use videos, slideshows, and apps to make the learning journey fun and flexible, helping boaters prepare for every-day and emergency situations. So, upgrade your knowledge today or help friends and family become safer boaters by signing up for CanBoat courses on our national website, <u>https://www.canboat.ca</u>. If you are interested in instructing or volunteering, please contact us at <u>http://www.peterboroughsafeboating.org</u>.

What does this mean for Peterborough Power and Sail Squadron? Effective immediately, you'll start to see the new logo and name on all communications, and we'll start to refer to ourselves as CanBoat so the boating community at large will be able to identify us more readily and also identify WITH us.

Our organization remains the same, fulfilling our mandate to ensure safer boating through education, but with a beautiful new logo!

On April 27, Peterborough Squadron held their 65th Annual General Meeting at the beautiful Beachwood Resort, followed by a fabulous dinner at Frederick's restaurant at the Resort. Our thanks to Karen Morgan and her family and the staff at Beachwood for hosting this event.



We're also very pleased to let you know that Commander Martha was presented with a District Commander's Citation by Bill Thompson, Quinte District Commander, for all her hard work and awesome leadership. Congratulations, Martha!



Your 2024/2025 Squadron Officers:

Commander Educational Officer Secretary/Admin Officer/Bulletin Officer Financial Officer Public Relations/Marketing Officer Membership Officer ROC(M) Course Director Webmaster/Social Media/Communications Historian Flag Etiquette Officer/Regalia Officer at Large Officer at Large Martha Scott S Leigh Mellow S Gina Lee S Leann Blondin Susan Mellow S Jean Blondin Munroe Scott S Leigh Mellow S Mel Little P Nick Cliteur Doug Hagan S Karen Morgan P

Women Making Waves is Back!

Paris Marine in Lakefield is once again offering Women Making Waves [™] this July, a course designed to make women more comfortable behind the wheel of a boat.

Paris Marine is proud to be the only FREE training center in Canada for women boaters. This comprehensive course covers everything you need to know for the season ahead. "This program is designed to make women more comfortable with the basics of boating. The program consists of four one-hour blocks of training covering trailering and towing, loading, and launching, on the water instruction, and boating safety. They provide hands-on, active instruction in a supportive and fun atmosphere. You will leave with the knowledge you need to be a successful, independent boater and an active participant in your family's boating experience. They promise to provide you with the skills and confidence necessary for safe boating for life!

Peterborough Squadron is pleased and honoured to take part in this program, offering information on safety requirements and "rules of the road."

Watch Paris Marine's website, <u>http://www.parismarine.com</u> for more details.

In addition - Paris Marine is collecting donations of non-perishable food items in their showroom until June 15th. The donations will be delivered to the Yes Shelter for Youth and Families in Peterborough.

The plan is to fill the boat with donations from customers, crew, and the help of the community to reach their goal and assist Peterborough's Yes Shelter with its important work!



Hit boating lifestyle TV show names Peterborough and the Kawarthas as 'destination of the year'

Excerpts from kawarthaNOW.com – Published May 15, 2024

A few days after the new Canadian Canoe Museum opened its doors on the shores of Little Lake and an international houseboat rental company launched its new base on the Otonabee River, a hit Canadian-made television show for boating enthusiasts has named Peterborough and the Kawarthas the inaugural winner of its "destination of the year" award.

Steven J. Bull, an award-winning broadcaster and comedian and executive producer and host of *Water Ways*, made the announcement on Wednesday (May 15).

"Peterborough and the Kawarthas caught our eye in 2024 by welcoming the newest base for world's largest fleet of luxury houseboats, Le Boat, while also opening the stunning new waterfront Canadian Canoe Museum which houses the world's largest collection of paddled watercraft," Bull said in a media release. "These incredible boat-based attractions add to the already storied history of the region which features the world's highest hydraulic lift lock and some of the most beautiful and popular waters along the entire 9,500 kilometre-long Great Loop," Bull added. "This certainly sets the bar high."

The annual Water Ways Destination of the Year award recognizes communities for bringing world-class boating experiences to locals and visitors from around the world. As the first-ever winner of the award, Peterborough and the Kawarthas will have an entire episode dedicated to its waterways in the series' third season, *Water Ways: Ontario*, coming in September.

"Ontario is a fitting launch for our slate of new regional shows and will celebrate destinations from Toronto to Temiskaming, and experiences from wake surfing to walleye fishing, yachting to kayaking," Bull said. Debuting in 2022, *Water Ways* is a boating and lifestyle program designed specifically with boaters in mind. The first season featured the Trent-Severn Waterway, including an episode dedicated to Peterborough. The second season debuted on Global TV in Canada last fall and is also available on America's Boating Channel and Sportsman Channel Canada.

"This recognition appropriately celebrates Peterborough and the Kawarthas' thriving boating culture, which has for decades motivated locals and visitors alike to take to its waters to explore the region's natural beauty and wealth of recreational opportunities on offer," said Ontario minister of tourism, sport, and culture Neil Lumsden.

Joe Rees, director of tourism with Peterborough & the Kawarthas Economic Development, said it is "truly an honour" for the region to receive the inaugural Water Ways award.

The full episode of "Peterborough - Water Ways" can be seen on YouTube here.

Where to find us...

For local boating information, a directory of our Squadron officers, our history, and what's happening in our area... <u>http://www.peterboroughsafeboating.org</u>

The National website where you can renew your membership, get national information, learn about the National Officers, and check our Ships Stores... <u>http://www.canboat.ca</u>

Find out what courses are being offered, where, and when... http://www.boatingcourses.ca

Stay connected with us on social media... Facebook - <u>http://www.facebook.com/peterborough.squadron</u> X (Formerly known as Twitter) - @CPSPeterborough Instagram – ptbocpsecp Pinterest – CPS-ECP Peterborough LinkedIn - <u>http://www.The_Peterborough_Commander</u> Threads – ptbocpsecp

From The Galley – Strawberry Panna Cotta

Strawberry season will soon be here...here's an easy recipe for a light summer dessert!

<u>Ingredients:</u> 1 envelope unflavoured gelatin ¹/₄ cup cool water 2 cups 35% whipping cream 1 cup 2% milk ¹/₄ cup granulated super 1 tsp vanilla extract <u>Topping:</u> 1 tbsp granulated sugar 1 ¹⁄₂ cups small fresh ripe strawberries

Instructions:

In a large bowl, sprinkle gelatin over water; let stand for 5 minutes to soften. In a saucepan, combine cream, milk, sugar, and vanilla. Bring to a summer over medium heat, stirring often. Pour cream mixture over gelatin. Stir well until gelatin is dissolved and smooth. Pour into six ½-cup gars, glasses, or dessert dishes. Cover with plastic wrap and refrigerate for about 3 hours or until set. Topping: Stir sugar into strawberries and mash together using a potato masher or fork. Spoon on top of each panna cotta just before serving.

NOTE: Panna Cotta and Topping can be made separately and refrigerated up to 2 days ahead.